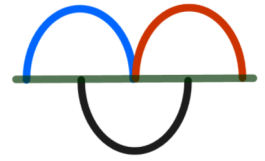


# Brain & Body Balance



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neuroplasticity  
generalization, habituation  
Imagination, fantasy  
concentration & focus  
physiology  
interpretation

performance & efectivity  
'feed-back' & reflexion  
society & people  
work & privacy  
space & time  
ilusions / myths /  
/ expectations

stress & coping  
biological markers  
psychosomatics  
relaxation & regeneration  
DrEaMS  
phylogenetics

## Work-Life Balance

12 - 18 persons  
2 - 3 days

interactive  
seminar

practical  
workshop

clinical  
experience

individual  
approach

authenticity  
&  
professionalism

flexibility  
in time & space

costs from  
1750EUR/day

playfulness  
&  
efficiency

invoice  
without VAT

česky  
in English

EFFECTIVITY

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